## Pre-Primary (LKG, UKG)

Theme: My Body My self

#### A. Learning Objectives:

- Children will get used to the school routine and classroom activities
- Follow directions given by teacher
- Identify parts of body
- Identify things they can do
- Speaking in phrases: I can..., I like......
- Recite rhymes with action
- Identify the first letter in their name
- Listen to stories and answer simple questions

### B. Circle time (whole group activity)

Morning circle time is meant especially to encourage children to express verbally and share their ideas and feelings. This is the time where one can do some introductory or warming up activity to launch the theme followed by poems and rhymes. Then have a 'discussion' on the theme. Morning circle time is where one can also talk about the weather, calendar etc.

### C. Singing Songs:

Songs improves memory and cognitive development. Nursery **rhymes** develops literacy, promotes language development, encourages social and emotional development in a happy environment.

Tamil songs (videos)

- 1. Ondru yavarkum thalai ondru
- 2. En Pallikoodam
- 3. Udal Uruppukkal
- 4. Finger Family

English songs (videos)

- 1. Finger family
- 2. Teddy bear teddy bear
- 3. Open close open close
- 4. Put your right hand in put your right hand out
- 5. Melody melody

# D. Small Group Activities (Body Parts, Personal Hygiene, sense organs and functions)

The teacher starts the discussion on daily hygienic practices at home, greeting each other, arranging things like their chappals and bags neatly, and can discuss about circle time can practice the children for the same. Same kind of discussion can be continued on different sub topics

#### E. Classroom Activities:

- 1. Walking with balance: Teacher asks children to walk on the bricks arrange in even distance. In the same way guided outdoor play, indoor play given to children regularly.
- 2. Running, jumping, frog jumping, creeping and crawling, Sit stand, clap hands, walking, hands up hands down, Songs with body movements- Open close open close, head shoulder knees and toes are some of the outdoor activities which help children develop their motor skills.
- 3. Scribbling on slate or lower board will help the children to strength their fingers. It is a practice for pre-writing.
- 4. Playing with dough/ clay, stringing beads, bit pasting, sorting pulses, drawing stick figures, colouring within the boundary, etc. are some of the samples for indoor activities
- 5. Arranging body parts to make a complete image
- 6. Matching sense organs and its uses, finding odd one out (images of body parts mixed with other things. Children need to pick other things which are not body parts.
- 7. Sequential thinking children will arrange the pictures of human developmental stages from baby to adult
- 8. Children matching things related to a particular body part. Eg. ear ear rings
- 9. Teacher gives one-by-one instruction, necessary materials and guidance to make snow man using cotton
- 10. Outline picture colouring dotted picture, pasting thread around picture
- **F. Story time** There are 5 stories on this theme
- 1. Rebus story on the importance of external body parts
- 2. 'Nee yein sirappanaval' is a story book having what each animal is good at. This can be extended as 'what each child is good at' and make their own profile
- 3. A story book on 'I like shoes' which has simple words repeated many times to create interest in reading
- 4. Another story on 'how are you?' which is narrated on child's emotions
- 5. 'My favorite pumpkin' is a story on external body parts